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**Distance Plan for  
Learning**

***Plan de  
Aprendizaje de  
Distancia***

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# Introduction to Holy Family Bilingual's Distance Plan for Learning

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We are committed to making sure that students continue to experience the care and commitment of our faculty and the routine of daily learning, even in the event of school closure. We must acknowledge that our approach to distance learning cannot replicate the magic that happens when school is in regular session (the invaluable social interactions and mediation, real-time, in-person feedback, community and extracurricular events, and so on). However, we do contend that quality learning can occur from a distance.

The purpose of this document is to describe the actions Holy Family Bilingual will take to continue instruction in the event of an extended campus closure. We endeavor in our Distance Plan for Learning (DPL) to accomplish three goals PK–8 within a flexible framework:

- Live Student-Teacher Contact Time
- Online Content Delivery
- Online Monitoring of Student Progress/Student Assessment

It is our intention with the DPL that we continue to live our mission, vision, and strategic plan, which together assert that we will consider the well-being and growth of the whole child. The act of creating this DPL provides us with a unique opportunity to reinforce what we assert through our founding documents.

If Holy Family's campus is closed and this DPL is implemented, the Principal will send email communications to both parents and faculty/staff announcing a timeline for implementation. An exact date will be designated when distance learning will begin for Holy Family students.

The Principal will periodically send email updates to parents and faculty/staff apprising them of any pertinent information about when Holy Family might reopen for regular classes. As with the decision to close campus, the decision to reopen school for regular classes will be made with close consultation with the Archdiocese of Seattle, School Commission and Department of Health.

We hope that implementation of this DPL will never be necessary. However, in the event of school closure, it is important that this DPL describes Holy Family Bilingual Catholic School's approach to distance learning, the channels we will use for communication, the online platforms we will employ by grade, the roles, responsibilities, and expectations Holy Family Bilingual Catholic School has for faculty, parents, and students, guidelines for how parents/guardians can support their children's learning, and a host of other priorities and considerations tailored to make the best of challenging circumstances.

We hope to create a DPL that ensures equity. This includes doing our best to provide students with devices if they do not have access to a computer at home. We also will be happy to help families access online tutorials as we are able through email and phone contacts. While we will not be able to help families troubleshoot all problems, we will do our best to make sure all students have equitable access where we have control.

# Technology Systems to Support Distance Learning at Holy Family

With regard to the school's core technological and communications systems, Holy Family offers the following FAQs to describe how we will communicate and manage learning in the event this DPL is implemented.

## How will Holy Family communicate with parents, students, and faculty/staff in the event of an extended campus closure?

Holy Family will continue to use the same channels it employs for normal day-to-day communications with parents, students, and faculty/staff. All of these systems are remotely accessible and will function in an emergency situation. The table below describes these systems:

Channel	Audience	Description & Access
Email	Faculty, Staff, Parents, Students	Email (often via ALMA) will be used for all major communications and announcements, including those from the Principal and teachers. Faculty will also use email to communicate, although they will use other platforms to interact with their students as well. Please make sure all parent emails are up to date and correct.
Google G-suit	4th-8th grade	Google GSuite (including Gmail, Docs, Classroom, etc.) will continue to be the platform used by our Middle School.
Zoom	Students across all grades	Zoom is an online video conferencing platform that allows for live group meetings, hosted by teachers.
Reading A-Z	Students in grades K-3	Lower School teachers and students will continue to use Razz kids and reading A-Z to assign. <a href="https://www.kidsa-z.com/main/Login?_ga=2.28199994.722405893.1583808242-1534591065.1581882318">https://www.kidsa-z.com/main/Login?_ga=2.28199994.722405893.1583808242-1534591065.1581882318</a>
Brain Pop	Students grades K-8	Teachers will provide a class name and login and students will login to the class, watch videos and take quizzes on content. <a href="https://www.brainpop.com/?panel=login">https://www.brainpop.com/?panel=login</a>
Pearson Realize	Students grade K-6	Teachers will provide online login and assign math assignments to students in grades K-6.
Khan Academy	Students grades K-8	Teachers will assign videos and online practice questions for their classes. <a href="https://www.khanacademy.org/">https://www.khanacademy.org/</a>
Duolingo	Non-heritage Spanish students	Non-heritage Spanish students can work on keeping their Spanish up (with parents!) by creating an account and engaging in 20 minutes of daily challenges. <a href="https://www.duolingo.com/">https://www.duolingo.com/</a>

EdPuzzle	Students grades 5-8	Teachers will assign videos with questions online. This is for a flipped classroom model. <a href="https://edpuzzle.com/home">https://edpuzzle.com/home</a>
ABCmouse.com	Students grades (Spanish) Preschool - Pre-K-Kindergarten	<a href="#">abcmouse</a> <a href="#">starfall</a>
Starfall	Students grades (English) Pre-K Kindergarten	

**How will Holy Family ensure that students have access to these tools from off-campus?**

Most of our technology tools are not device-specific, which means students will be able to access learning through nearly any electronic device. Students will be asked to utilize home electronic devices to access these tools. If your family does not have access to a laptop, computer, or tablet, please notify you will be allowed to sign out chromebooks from the school provided that you sign a waiver and the Chromebook is returned in similar condition (lost, broken or stolen Chromebooks subject to a fee). Please note that we have a limited number of devices. Please only sign out this device if it is necessary. If you do not have wireless, we can recommend using a hotspot and data from your phone.  
<https://www.pcmag.com/how-to/how-to-turn-your-phone-into-a-wi-fi-hotspot>

# Eight Distance Learning Guidelines for Teachers

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*The transition to distance learning will not be simple or easy. Teachers will need to think differently about how to communicate, give instruction, and provide feedback, how to design lessons and assignments that are authentic and meaningful, and how to ensure students continue to collaborate and communicate with others. The eight guidelines provided below are intended to help teachers across all grade levels reflect on challenges they'll confront in shifting to distance learning.*

## **1—At Holy Family, we know our students and they know we care**

Our commitment is to nurture relationships and demonstrate deep care for our students and one another. In the event of a crisis that leads to implementation of this DPL, your students may be stressed or worried. Before diving into curriculum, take the time to assess your students' mental, physical, and emotional wellbeing. How are they doing? How are their families?

## **2—Evaluate your students' conditions for distance learning**

While most students will have reliable online access at home and the necessary devices to shift to distance learning, others will not. Teachers should remember that each family's circumstances will vary and they should avoid assumptions about limitations or restrictions students are facing. Ask your students and/or their parents whether their online access is reliable and what devices the student has at their disposal. Determine which students will need to sign out a device. Open a dialogue with students and families and avoid assumptions that all students' circumstances are the same.

## **3—Stick with the familiar**

Especially in the first weeks after moving to this DPL, teachers should continue using existing communication channels and learning management systems. In other words, **stick with what's familiar to your students.** Teachers should remember that while many students will thrive with distance learning, others will struggle. In the event that the school remains closed for a longer period of time, it may become necessary to explore new or different learning platforms that provide different experiences.

## **4—Less is more**

Should Holy Family implement this DPL, one challenge confronting teachers will be how to best streamline content and elevate the most essential learning for students. In other words, teachers need to take a less-is-more perspective, including the pacing of lessons and volume of assignments and assessments. It can also be hard to know exactly how long school closure might last, which makes longer-term planning difficult.

## **5—Seize the moment; embrace new opportunities and possibilities for your students**

Years or decades from now, how will your students remember the emergency that resulted in school closure? While distance learning should attempt to bring some normalcy and routine to students' lives, teachers shouldn't ignore the opportunities resulting from school closure either. Teachers might require students to keep a daily journal or diary for the duration of the crisis. Personal journaling and/or other creative writing assignments can help students process their thoughts, worries, and emotions, particularly in times of crisis. Students might use other media as well, including video, drawing, painting, and music. Moreover, the crisis might also provide other real-life opportunities to study scientific phenomena associated with the crisis, and media/government responses.

## EIGHT DISTANCE LEARNING GUIDELINES FOR TEACHERS (CONTINUED)

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### **6—Design asynchronous learning experiences**

When school is closed and students are learning from various locations, teachers can still connect them asynchronously (not all students at the same time). For example, Middle School teachers can use familiar discussion forums/thread or tools to allow for student responses and dialogue during a set time period, knowing that students might not all be online at the same exact time.

### **7—Design synchronous learning experiences**

When it comes to student engagement and learning, relationships matter as much online as they do in person. If Holy Family's campus was closed, students will be able to gather for synchronous learning times via Zoom, an online video conferencing platform or Google Hangouts for students in 4th-8th grade. Collaboration remains important and there are many ways teachers can foster it through synchronous (all students at the same time) learning. This is a good time for discussion, class meetings, sharing, show and tell, and more.

### **8—Think differently about assessment**

Assessment is one of the most challenging adjustments for teachers new to online learning. Distance learning should be seen as an opportunity for students, individually or collaboratively, to complete writing assignments, design infographics, make video presentations, or complete oral assessments via video chat. Teachers are encouraged to **think differently about the frequency and end goal of assessment** instead of forcing a traditional assessment method that doesn't fit distance learning. Thinking differently about assessment will positively influence the experience for students, leverage the strengths of distance learning, and prevent frustration on the teacher's part when traditional methods do not work.

# Ten Guidelines for Parents Supporting Distance Learning

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*The transition to distance learning may be challenging for families. Parents will need to think differently about how to support their children; how to create structures and routines that allow their children to be successful; and how to monitor and support their children's learning. Some students will thrive with distance learning, while others may struggle. The ten guidelines provided below are intended to help parents think about what they can do to help their children find success in a distance learning environment.*

## **1—Establish routines and expectations**

From the first day Holy Family implements its DPL, parents need to establish routines and expectations. We encourage parents to set regular hours for their children's school-work. We suggest students begin their studies at 8:00 a.m. Keep normal bedtime routines for younger children and expect the same from your older-aged students, too. (Don't let them stay up late and sleep in!) Your children should move regularly and take periodic breaks as they study. It is important that parents set these expectations for how their children will spend their days starting as soon as distance learning is implemented, not several days later after it becomes apparent a child is struggling with the absence of routine.

## **2—Define the physical space for your child's study**

Your child may have a regular place for doing homework under normal circumstances, but this space may or may not be suitable for an extended period of time, as will be the case if this DPL is implemented. We encourage families to establish a space/location where their children will learn most of the time. This should be a public/family space, not in a child's bedroom. It should be a place that can be quiet at times and have a strong wireless internet signal, if possible.

## **3—Monitor communications from your children's teachers**

Teachers will communicate with students/parents through email, when and as necessary. The frequency and detail of these communications will be determined by your children's ages, maturity, and their degree of independence. When you need to contact teachers, please remember that teachers will be communicating with many students as well as other parents and that communications should be essential, succinct, and self-aware. We also encourage parents to have their 5th-8th aged children explain the online platforms their teachers are using.

## **4—Begin and end each day with a check-in**

Parents are encouraged to start and finish each day with a simple check-in. In the morning, ask what is your child learning today? What are their learning targets or goals? How will they spend their time? What resources do they require? What support do they need? This brief grounding conversation matters. It allows children to process the instructions they've received from their teachers. It helps them organize themselves and set priorities. Older students may not want to have these check-ins with parents (that's normal!), but they should nevertheless. Parents should establish these check-ins as regular parts of each day. Not all students thrive in a distance learning environment; some struggle with too much independence or lack of structure. These check-in routines need to be established early, before students fall behind or begin to struggle.



## TEN DISTANCE LEARNING GUIDELINES FOR PARENTS (CONTINUED)

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### **5—Take an active role in helping your children process and own their learning**

In the course of a regular school day at Holy Family, your son or daughter engages with other students or adults dozens if not hundreds of times. These social interactions and opportunities for mediation include turning to a peer to exchange a thought or idea, participating in small or large group discussions, asking questions for clarification, collaborating on group projects, and countless other moments. While some of these social interactions will be re-created on virtual platforms, others will not. Human beings learn best when they have opportunities to process their learning with others. Beyond the check-ins recommended at the start and end of each day, parents should regularly circle back and engage with their children about what they're learning. However, it's important that your child own their work; don't complete assignments for them, even when they are struggling.

### **6—Establish times for quiet and reflection**

A huge challenge for families with multiple children will be how to manage all of their children's needs, especially when those children are different ages and have different needs. There may be times when siblings need to work in different rooms to avoid distraction. Parents may even experiment with noise-cancelling headphones (no music necessary!) to block out distractions.

### **7—Encourage physical activity and/or exercise**

Make sure your children remember to move and exercise. This is vitally important to their health, wellbeing, and to their learning. It is important for parents to model and encourage exercise! Think also about how your children can pitch in more around the house with chores or other responsibilities. Don't let your children off the hook – expect them to pitch in!

### **8—Remain mindful of your child's stress or worry**

One thing is for certain: Holy Family will only implement this DPL if a serious emergency has occurred. Should this happen, it is imperative for parents to help their children manage the worry, anxiety, and range of emotions they may experience. Difficult though it may be, do your best not to transfer your stress or worry to your children. They will be out of sorts, whether they admit it or not, and need as much normal routine as parents can provide. Please reach out to your child's teacher or contact us should you feel your child needs a counselor if they are expressing extreme worry.

### **9—Monitor how much time your child is spending online**

Holy Family does not want its students staring at computer screens for 7–8 hours a day. We ask that parents remember most teachers are not experts in distance learning and that it will require some trial-and-error before we find the right balance between online and offline learning experiences. Administrators or teachers will periodically check in with you to assess what you're seeing at home and what we need to adjust. We thank you in advance for your patience and partnership!

### **10—Keep your children social, but set rules around their social media interactions**

There's always excitement and uncertainty when there is a significant change to a routine, like school. If Holy Family implements this DPL, the initial excitement of school being closed will fade quickly when students start missing their friends, classmates, and teachers. Help your children maintain contact with friends and see them in person when circumstances permit. Please also monitor your children's social media use, especially during an extended school closure. Older students will rely more on social media to communicate with friends. Social media apps such as SnapChat, Instagram, WhatsApp, or

## TEN DISTANCE LEARNING GUIDELINES FOR PARENTS (CONTINUED)

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Facebook are not official, school-sanctioned channels of communication. Holy Family asks parents to monitor their children's use of social media. Remind your children to be polite, respectful, and appropriate in their communications and to represent your family's values in their interactions with others. A student's written words and tone can sometimes offend or cause harm to others.

# Roles & Responsibilities During Distance Learning

Many stakeholders will contribute to the effective implementation of this DPL. The roles and responsibilities of students and parents are delineated below.

Student Roles & Responsibilities	
<ul style="list-style-type: none"> <li>• Establish daily routines for engaging in the learning experiences (e.g. following your daily schedule or establishing an 8:00 a.m. start)</li> <li>• Identify a comfortable, quiet space in your home where you can work effectively and successfully</li> <li>• Regularly monitor online platforms check for announcements and feedback from your teachers</li> <li>• Complete assignments with integrity and academic honesty, doing your best work</li> <li>• Do your best to meet timelines, commitments, and due dates</li> <li>• Communicate proactively with your teachers if you cannot meet deadlines or require additional support</li> <li>• Collaborate and support your Holy Family peers in their learning</li> <li>• Comply with Holy Family's <a href="#">Student Chromebook Contract</a>, including expectations for online etiquette</li> <li>• Proactively seek out and communicate with other adults at Holy Family as different needs arise (see below)</li> </ul>	
For questions about ...	Contact
a course, assignment, or resource	the relevant teacher
a technology-related problem or issue	Ms. Temme, principal <a href="mailto:lptemme@holyfamilybilingual.org">lptemme@holyfamilybilingual.org</a>
a personal, academic or social-emotional concern	your child's teacher or our Sea Mar Behavioral Health Counselor <a href="mailto:CarmenMunoz@seamarchc.org">CarmenMunoz@seamarchc.org</a>  (206) 965-1055

### Parent Roles and Responsibilities

Provide support for your children by adhering to the 10 Guidelines for Holy Family's Parents as well as you can:

- Establish routines and expectations
- Define the physical space for your child's study
- Monitor communications from your children's teachers
- Begin and end each day with a check-in
- Take an active role in helping your children process their learning
- Establish times for quiet and reflection
- Encourage physical activity and/or exercise
- Remain mindful of your child's stress or worry
- Monitor how much time your child is spending online
- Keep your children social, but set rules around their social media interactions

# PS-4 School Priorities & Considerations

- After receiving initial notice from the Principal about school closure and timelines, families will receive an email from their homeroom teacher with specific information.
- The primary tools for communication between teachers and families will newsletters via email, video and assignments emailed to families,
- Students will have both off- and on-screen learning activities designed to engage learners in experiences that connect to the current curriculum.
- Resources will vary by class and lesson, but will include links to videos, graphic organizers, scanned material to read and engage with, independent research material via online sources or our library databases, and reading materials including ebooks.
- Learning tasks and activities will provide direction to families on how best to support student learning and the expected level of adult involvement. It is expected that students in grades K–2 will need higher levels of support than students in grades 3–4.

## Elementary School: Approximate Time Frames for Learning

Kindergarten to Second Grade	
15-20 minutes	Language Arts/Writing in English
15-20 minutes	Language Arts/Writing in Spanish
20–25 minutes	Mathematics (Spanish)
20–25 minutes	Science or Social Studies
10 minutes	Religion, prayer, faith formation
Third to Fifth Grade	
15–20 minutes	Language Arts/Reading English
15-20 minutes	Language Arts/Reading Spanish
15–20 minutes	Writing (alternate English and Spanish)
25–30 minutes	Mathematics (Spanish)
25–30 minutes	Science or Social Studies (English and Spanish)
15 minutes	Religion, prayer, faith formation (Spanish)
All Elementary School Students	

Enrichments	Engage exploration of art, music, outdoor physical activity, sports and nature.
Flex Learning	<ul style="list-style-type: none"><li>• Reading aloud and independent reading: 20 minutes daily</li><li>• Board games &amp; challenges with math/strategy/critical thinking</li></ul>

# Middle School Priorities & Considerations

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- After receiving initial notice from the Principal about school closure and timelines, families and students will receive an email from their homeroom teacher as well as class teachers with class instructions on google classroom.
- The primary tool for communication between teachers and families is email and Google Classroom.
- The primary tools for communication between teachers and students is email, our Middle School website, and Zoom, or google hangouts. Students will receive an invitation to Zoom or google hangouts, should this be necessary.
- Learning experiences are designed to be completed independently or in collaboration with other students. Tutoring is not recommended, nor should a parent/guardian be too involved.
- Resources vary by class and lesson, but will include links to videos, graphic organizers, scanned material to read and engage with, independent research material via online sources or our library databases, and reading materials including ebooks.
- Students are encouraged to be proactive in reaching out to teachers via email when they have questions or assignments are unclear.
- A virtual meeting with a teacher is always available to support students with academic, social, or emotional needs. Please initiate contact by email.

## Middle School: Approximate Time Frames for Learning & Resources

Grade Level	Approximate Time per Scheduled Class (includes Zoom contact time and homework time)
Grades 6–8	40 minutes
Flex Learning <ul style="list-style-type: none"><li>• Independent &amp; self-directed</li><li>• For the sake of learning</li><li>• No time limit/requirement</li></ul>	<ul style="list-style-type: none"><li>• Read for pleasure</li><li>• Be active</li><li>• Explore personal interests/passions</li><li>• If it is safe...<ul style="list-style-type: none"><li>- Explore outside</li><li>- Seek out social interaction (if possible)</li></ul></li></ul>